

SWEET SIXTEEN JIVE/ROCK'N'ROLL

Arranged by Bill and Sandra Tepper, 2013

Basic Link (QQQaQQaQ)
American Spin (QQQaQQaQ)
Back Zig Zag and Flick (QQQQ)
Back Zig Zag and Flick (QQQQ)
Back Step, Triple Step (QQQaQ)
Four Quick Swivel Walks (QQQQ)
Throwaway (QaQQaQ)
Whip (QQQaQ,QQQaQ)
Back Step, Flick, Step, Flick, Step (QQQQQQ)
Triple Step, Spot Turn, Triple Step
(QaQQQQaQ)
Cuddle Hold (QQQaQQaQ)
Cuddle Hold Release (QQQaQQaQ)

Moves to practice:

Basic Link
American Spin with Triple Step
Back Zig Zag and Flick
Swivel Walks
Throwaway
Whip
Flick, Step
Spot Turn, Triple Step
Cuddle Hold