

ROCK 'N'ROLL & JIVE BASICS

Arranged by Bill and Sandra Tepper, 2013

Basic Link (SSQQ) or (QQQaQQaQ)
Lady Underarm Turn (SSQQ) or (QQQaQQaQ)
Lady Return Turn (SSQQ) or (QQQaQQaQ)
Basic Link (SSQQ) or (QQQaQQaQ)
Man's Underarm Turn (SSQQ) or
(QQQaQQaQ)
Man's Return Turn (SSQQ) or (QQQaQQaQ)
Basic Link (SSQQ) or (QQQaQQaQ)
Basic Link (SSQQ) or (QQQaQQaQ)
American Spin, Back Step (SSQQ) or
American Spin (QQQaQQaQ)
Basic Link (SSQQ) or (QQQaQQaQ)
Cuddle Hold Turn (SSQQ) or (QQQaQQaQ)
Cuddle Hold Release (SSQQ) or (QQQaQQaQ)

Moves to practice:

Basic Link
Lady's Underarm Turn
Man's Underarm Turn
American Spin, Back Step
Cuddle Hold Turn