

RESTLESS JIVE/ROCK 'N' ROLL

Arranged by Bill and Sandra Tepper, 2013

Back Step into Cuddle Hold (QQQaQQaQ)
Cuddle Hold release (QQQaQQaQ)
Hip Bump (QQQaQ)
Back Step, Stop and Go (QQQaQ)
Stop and Go release (QQQaQ)
Back Step, Lady's Right Underarm Turn
(QQQaQ)
Triple Step, Back Step, Triple Step (QaQQQQaQ)
Two Woodpeckers, Back Triple Step (QQQaQ)
Back Step, Forward Triple Step (QQQaQ)
Two Quick Swivel Walks, Triple Step (QQQaQ)
Fallaway, Throwaway (QaQQaQ)
Point, Close, Point, Close (QQQQ)
Four Quick Chicken Walks (QQQQ)
Lady's Left Underarm Turn (QaQQaQ)
Left Spot Turn (QQQQ)

Moves to practice:

Cuddle Hold
Hip Bump
Stop and Go
Lady's Underarm Turns
Woodpeckers, Triple Step
Quick Swivel Walks and Triple Step
Fallaway, Throwaway
Quick Chicken Walks
Spot Turn