

POPCORN ROCK'N'ROLL

Arranged by Bill and Sandra Tepper, 2014

Basic Link in Double Hold (SSQQ)
Lady's Underarm Turn with Double Hold (SSQQ)
Man's Underarm Turn with Double Hold (SSQQ)
Basic Link (SSQQ)
Arm Lock (SSQQ)
Arm Lock Release (SSQQ)
Turn into Cuddle Hold (SSQQ)
Rolling Off The Arm (SSQQ)
Rolling Into The Arm (SSQQ)
Four Slow Walks forward (SSSS)
Four Quick Runs backwards (QQQQ)
Cuddle Hold Release (SSQQ)
Lady's Underarm Turn (SSQQ)

Moves to practice:

Basic Link
Double Hold Underarm Turns
Arm Lock
Cuddle Hold
Rolling Off and Onto The Arm
Walks in Cuddle Hold
Lady's Underarm Turn